

# The Episcopal Church of Our Saviour



Rich in history, a visible & living church welcoming everyone to the family of Christ.

Dear Friends in Christ

I have gotten more out of this year's Lenten devotional (from Living Compass publication) than any other. Listening, truly listening, is such a rarity in our fast paced times. This morning's meditation (March 28<sup>th</sup>) started with a quote from Howard Thurman. It read, "*In the stillness of the quiet, if we listen, we can hear the whisper of the heart giving strength to weakness, courage to fear, hope to despair.*" The reflection on the meditation said to note the three pairs of opposite emotions, strength and weakness, courage and fear, hope and despair. The author wrote (and I paraphrase) that most of us don't have difficulty listening to her weakness, fear and despair. Paying attention to her worries comes easily to us. Thurman invites us to listen to the whispers of our strength, our courage and our hope. Create a time of stillness to listen to those whispers. What did you hear?

I shared with one of our parishioners that one of my Lenten disciplines was to fast from food one day a week. I have found fasting to be a helpful spiritual practice for me. It is important to prepare for a fast ahead of time. I do better when I cut back on caffeine for two days preceding a fast (so I don't get a caffeine withdrawal headache) and have a light meal the night before. I have a salad on Thursday evenings and then don't eat again until Friday dinner. I do have tea on Fridays during the day. On the day of the fast, I set an intention for the day of something I want to be my spiritual focus that day. I focus my reading and prayers around that intention.

St. Bart's in New York did a good Forum on fasting. If you would like to listen to that Forum, you can find it on the St. Bart's website: <http://stbarts.org>

Preparing for Easter: The Rev. Scott Stoner, founder of Living Compass, wrote: *I would like to suggest one more practice that I believe is the most important of all, and that is "Practicing resurrection." To practice resurrection means to make a commitment to put into practice core beliefs of the Easter story of hope and of life after disappointment, loss and death. The first step is to believe in resurrection, the second step is to put this belief into practice.*

*The resurrection of Jesus is God's hopeful gift to us and to the world. It is up to us to decide whether we will choose to receive, embrace and live into this gift of hopefulness. It is our choice to decide whether each day we will look at the possibilities of new beginnings and of hopeful new ways of looking at the world, our own lives, our own relationships, and our own communities.*

*Practicing resurrection elevates resilience to a whole new level. While the most commonly recognized meaning of resilience is to "bounce back," resurrection is much more than merely bouncing back. Resurrection is bouncing forward, not only recovering from a loss or difficult time, but also eventually transcending that loss and moving into a whole new, deeper way of living. Resurrection is not about getting our old life back, but getting a whole new life that transcends, and yet at the same time honors and includes memories of the old one. An organization, for example, that practices this kind of resilience is an organization that honors its past traditions, while at the same time finds new ways to live out its mission and purpose today. (Living Compass Lenten Devotional 2015)*

Blessings,

*Rev Deb*

## Outreach Study Group

Outreach is the process of bringing information, services and/or assistance to the wider community. At Our Saviour many of us have been involved in a variety of outreach programs over the years, sometimes by directly volunteering, sometimes by supporting with generous donations. Some programs we joined for a year or two and some have had varying levels of continuing support for many years. Rev. Debra has suggested that we gather together to develop a more coherent plan for our outreach.

Any parish member with a particular passion for outreach is invited to participate. Tom and Lee Weikert have agreed to coordinate this study to identify the greatest needs and examine what we do and how we do it. The first step will be surveying both our immediate and the wider communities. Following this, we will inventory who we are as a parish and what we bring as resources. Then we will review past and current programs and look for new ideas and approaches. Finally we will explore financing, publicity and recruitment.

We have no pre-determined outcome. The expectation is that through the collective prayers and insights of the participants we will form some recommendations. All possibilities are open.

We are planning for twice monthly meetings over several months. Following the initial study and recommendations meetings will be quarterly for fine-tuning and updating. The first session will be Saturday, May 13 from 9:30 a.m. to 11:00 a.m.

## Sunday School



### **We still need more teachers for our classes!!**

Please prayerfully consider joining our great group of dedicated teachers. We need people from all walks of life: men and women; young and young at heart; attendees from both services; people good with young children and is interested in helping guide our children on their spiritual path.

## Time to Order Your Easter Lilies!

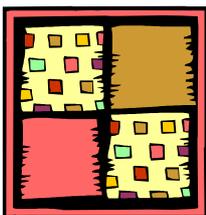
Please order Easter lilies in memory, in honor or in thanksgiving of your loved ones as soon as possible! Your generous donation of lilies is a tradition of love, remembrance and beauty for Eastertime at Our Saviour.

The lilies are \$10.00 each. Please fill out one of the regular flower donation forms, found in the narthex, describing why you wish to donate and for whom the lily is given. Please make your check payable to Our Saviour and put "Altar Guild" on the memo line. Place the form and the envelope with your check in the offering plate.

**The deadline for ordering lilies is April 9 (Palm Sunday).**



## Prayer Quilt Group



For those of you who are not familiar with this outreach group. We could use more workers to help with the assembly of our beautiful quilts as well as some donations of money for supplies. As you may have noticed, fabric, batting, thread and other supplies that we need are getting more expensive every time they need to be replenished. You may also have noticed the quilts on the pews for Rev. Deb to bless them. We meet on the third Saturday of each month in the parish hall from 9:00 a.m. until noon. So if you want more information on this very worthwhile project, you may call me at (530) 677-9736. Janice McDonald

## Veterans' Update

### Sometimes it Works

#### Part 1

"The VA came through! I can pay off my bills! I can get a place to stay! Now I can pay it forward! Let me know if you ever need my help."

No more suicide threats and thoughts.

Sometimes all you need to do is keep their chin above the water so that they don't drown. Buy them time.

Sometimes it works.

#### Part 2

Dropped the Veteran off at Victory Village in Jackson. Saw MAG, another El Dorado County, formerly homeless, Veteran. She is doing great, and has a forever plan in place. Asked how RAA was doing. "He's now in the State of California Veterans' Home in Redding!"

Another homeless El Dorado County Veteran. Not just housed. Homed. Forever.

Sometimes it works.

### Standing Tall:

The Veteran had stood tall for her. All the bad things that could happen to a young woman had happened to her. He stood by her when she was close to breaking.

In essence, he saved her life.

Now, he had a chance to escape homelessness, and go into a Veterans only shelter.

She had to let him go. She stood tall, and let him go. She put together a plan for herself, so that he could leave in a clear conscience.

In essence, she saved his life.

### Standing small:

Sometimes the plan just won't work unless you hold on to the Veteran. Tight. Maybe you need his money. Maybe you can sneak into the motel room on his coattails. Maybe you're too young for the Senior Mobile-home Park, and you need someone who is age qualified.

The plan just won't work without the Veteran.

Hold on tight.

Even if he drowns.

### Redemption:

The young Veteran was the picture of joy, happiness and health.

His little girl was the ideal pink and purple princess.

As we walked past the courthouse, he said, "I am so grateful for Veterans' Court."

Thank you to all of those who worked so hard to bring Veterans' Court to El Dorado County.

David Zelinsky  
Service Officer  
American Legion Post 119  
530-919-8488

<http://www.oursaviourpv.org>



## Foster a Service Anyone?

The non-profit organization with which Pastor Christine works, Four Paws To Freedom, is expanding its focus. Most of what they do is teach veterans to train their own service dogs. They are also raising one puppy for Sac. Co. DA's office, as a courthouse dog. Now Sac. Regional Justice Center wants their own dog to help victims of abuse.

They have been offered two poodle puppies (both male) if they buy one (buy one, get one free). Pastor Christine is considering fostering one of them. They would need a home for the second dog. It would be for six months, with some reimbursement for costs. Is anyone interested?



## What's Happening at Church of Our Saviour

### Saturday, April 1<sup>st</sup>

11:00 a.m. Weikert's Stations of the Cross  
9:00 a.m. – 3:00 p.m. Women's Lenten Retreat at Faith Church  
Cultivating Joy & Gratitude (\$15)



### Saturday, April 8<sup>th</sup>

5:30 p.m. Passover dinner (Sader Supper) in the Parish Hall of Church of Our Saviour  
invited by Mike and Cherie Raffety

### Thursday, April 13<sup>th</sup>

#### Maundy Thursday

Each year we observe Maundy Thursday during Holy Week. The service begins at 6:00 p.m. Before the end of the service we celebrate by sharing a meal. This is an Agape Meal or Love Feast. It is not a dinner as such. The participants provide the food but it is not a regular Pot Luck. The foods we share are dried fruits, nuts, cheese, bread and wine (or sparkling cider). To make sure we have some of everything in the meal, we ask parishioners to sign up for the items they would like to share. Please sign up on the sheet posted in the Parish Hall.

### Sunday, April 16<sup>th</sup>

#### Easter Sunday





## FOLLOW THE PATH OF JESUS

Our journey through Lent helps us to understand Jesus suffering and pain leading up to the miracle of his Resurrection. One way to experience this journey is to walk a path that follows Jesus from his condemnation to his death on the cross to the empty tomb. There are 14 stops along this journey, “stations”. Tom and Lee Weikert have 14 plaques depicting the events along the way similar to the painted Stations of the Cross in our church. We stop for a reading and prayer at each tree where a plaque is hung. Our path is a moderate climb, eased by a zigzag pattern, up the hill behind our home. Sturdy shoes are a must. There are a couple of benches for resting along the way. This event is for all ages. We have special books for children participating. Please join us and bring a friend on **Saturday, April 1, 2017** at 10:00 AM to travel this path. We will have refreshments following our walk. If you have any questions, please ask Tom or Lee at church or call at 644-0382. The address is 4110 Sierra Springs Drive, Pollock Pines. Detailed directions are available in the Parish Hall.

## Pastoral Partners Schedule

April 1, 2017	Stations of the Cross @ 11:00 a.m. at the Weikerts
May 6, 2017	Regular Meeting @ 10:00 a.m.
June 3, 2017	Regular Meeting @ 10:00 a.m.
July 2017	No Meeting
August 5, 2017	Regular Meeting @ 10:00 a.m.
September 2, 2017	Regular Meeting @ 10:00 a.m.
October 7, 2017	Regular Meeting @ 10:00 a.m.
November 4, 2017	Regular Meeting @ 10:00 a.m.



## Birthdays

Anna Marie Fristschi	April 4
Bob Cannon	April 7
Rich Bettencourt	April 10
JoAnne Schoener	April 15
Trish Naylor	April 25



Mike & Judy Muetz April 7, 1972

## Ministry Schedule 8:00 a.m.

Date	EM	Reader	Usher
2	D. Zelinsky	L. Weikert	J. McDonald/C. Griffin
9	T. Weikert	L. Perpall	N. Lawson/J. Schoener
16	S. Bert/C. Griffin	T. Wilson	P. Wooldridge/ B. Wirth
23	S. Bert	Liz Powell	L. George/J. George
30	Combined Service	J. McDonald	

## Ministry Schedule 10:30 a.m.

Date	EM	Reader	Usher
2	L. Parks /Y. Giordano.	B. Roberts	E. Cannon/D. Lightfoot
9	M. Muetz /Y. Giordano	L. Parks	R. Douglas/ B. Roberts
16	M. Muetz/L. Parks	C. McLaughlin	M. Miller/E. Cannon
23	M. Baker/S. Bert	T. Fritschi	R. Douglas/M. Miller
30	J. Baker/M. Baker	Combined Service	B. Roberts/ D. Lightfoot

## Church Office Hours: Tuesday & Thursday 8:30-11:30

Contact list			
Priest-in-Charge	The Rev Debra Sabino	<a href="mailto:revdebra.oursaviour@gmail.com">revdebra.oursaviour@gmail.com</a>	530-848-7765
Associate Clergy	The Rev Christine Leigh-Taylor	<a href="mailto:leighta@mcn.org">leighta@mcn.org</a>	
Deacon	The Rev Stephen Shortes	<a href="mailto:stephenshortes@gmail.com">stephenshortes@gmail.com</a>	
Admin Assistant	Trish Sweeney	<a href="mailto:oursaviour.placerville@gmail.com">oursaviour.placerville@gmail.com</a>	530-622-2441
Bookkeeper	Trish Sweeney	<a href="mailto:trish.oursaviour@gmail.com">trish.oursaviour@gmail.com</a>	530-622-2441
Sexton	Charles Griffin	<a href="mailto:DG.posi30@gmail.com">DG.posi30@gmail.com</a>	530-677-9736
Senior Warden	ReeAnn Wyly	<a href="mailto:ree.wyly@gmail.com">ree.wyly@gmail.com</a>	
Junior Warden	Randall Douglass	<a href="mailto:randall.douglas@att.net">randall.douglas@att.net</a>	
Altar Guild	Marcia Goodrich	<a href="mailto:a_Goodrich@sbcglobal.net">a_Goodrich@sbcglobal.net</a>	
Treasurer	Perry McLain	<a href="mailto:pmclain@pacbell.net">pmclain@pacbell.net</a>	

# April 2017

Church of Our Saviour  
Reminders

March 2017  
S M T W T F S  
1 2 3 4  
5 6 7 8 9 10 11  
12 13 14 15 16 17 18  
19 20 21 22 23 24 25  
26 27 28 29 30 31

April 2017  
S M T W T F S  
1  
2 3 4 5 6 7 8  
9 10 11 12 13 14 15  
16 17 18 19 20 21 22  
23 24 25 26 27 28 29  
30

May 2017  
S M T W T F S  
1 2 3 4 5 6  
7 8 9 10 11 12 13  
14 15 16 17 18 19 20  
21 22 23 24 25 26 27  
28 29 30 31

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26 8:00 AM Holy Eudharist 8:30 AM Forum 9:30 AM choir practice 10:15 AM Nursery Care 10:30 AM Sunday School 10:30 AM Family Worship Service	27	28 11:00 AM Women's Bible Study 6:00 PM Deacon	29 11:00 AM Women's Bible Study 6:00 PM Deacon	30 9:00 AM Book Study ... Deacon	31 6:30 PM Welcome	1 Lenten Retreat 11:00 AM Weikerts
2 8:00 AM Holy Eudharist 8:30 AM Forum 9:30 AM choir practice 10:15 AM Nursery Care 10:20 AM Sunday School 10:30 AM Family Worship Service	3 10:00 AM Pastoral 6:00 PM Bunco	4 10:00 AM Pastoral 6:00 PM Bunco	5 11:00 AM Women's Bible Study 6:00 PM Deacon	6 10:00 AM DOK ... Deacon	7 6:30 PM Welcome	8 6:00 PM Sader Dinner
9 Palm Sunday 8:00 AM Holy Eudharist 8:30 AM Forum 9:30 AM choir practice 10:15 AM Nursery Care 10:20 AM Sunday School 10:30 AM Family Worship	10	11	12 11:00 AM Women's Bible Study 6:00 PM Deacon	13 ... Deacon	14 6:30 PM Welcome	15 8:00 AM Men's Breakfast 9:00 AM Prayer
16 Easter 8:00 AM Holy Eudharist 8:30 AM Forum 9:30 AM choir practice 10:15 AM Nursery Care 10:20 AM Sunday School 10:30 AM Family Worship	17	18	19 11:00 AM Women's Bible Study	20	21 10:00 AM Altar Guild 6:30 PM Welcome	22
23 8:00 AM Holy Eudharist 8:30 AM Forum 9:30 AM choir practice 10:15 AM Nursery Care 10:20 AM Sunday School 10:30 AM Family Worship Service	24	25	26 11:00 AM Women's Bible Study	27	28	29
30 8:00 AM Holy Eudharist 8:30 AM Forum 9:30 AM choir practice 10:15 AM Nursery Care 10:20 AM Sunday School 10:30 AM Family Worship Service	1 11:00 AM Women's Bible Study	2	3 11:00 AM Women's Bible Study	4	5	6

Episcopal Church of Our Saviour  
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2979 Coloma Street  
Placerville, CA 95667-0447

TIME DATE MATERIAL. PLEASE EXPEDITE