

# The Episcopal Church of Our Saviour



Rich in history, a viable & living church welcoming everyone to the family of Christ.

Dear friends in Christ,

The liturgical season of Lent begins on Ash Wednesday, March, 1. Lent is the season of forty days that precede Easter Day. This year Easter Day falls on April, 16.

It begins with Ash Wednesday. We will have two services that day; one at noon and one at 6 pm.

The season of Lent is traced back to Matthew, Mark, and Luke. Each tell us that after his baptism, Jesus "...was in the wilderness forty days..." It was during this time that Jesus fasted and was tempted by Satan. It was a time of preparation for Jesus and is still a time of a time of preparation for us. We can all benefit from taking time for reflection and prayer to prepare for Easter.

The early church would baptize new Christians on the eve of Easter. The newly baptized would then take part fully in the worship service for the first time on Easter Sunday. Those who were to be baptized fasted for two - three days leading up to the baptism. That two- three day fast was extended to a forty-day fast that included members of the whole church. This practice was based on Jesus' fast after his baptism in the Jordan River.

The fast consisted one meal a day in the evening, with no meat or fish. Sundays are not included in the fast since they are considered to be a feast of the resurrection. The fast lasted for 40 days (excluding Sundays) from Ash Wednesday through Easter Eve.

Lent is also a time of self-examination and a time for to reflect on our fundamental values and priorities. We are going to offer different opportunities for the people of Our Saviour to help.

Our deacon, The Rev Stephen Shortes, will be leading a book study called *Simply Christian* by NT Wright. The description for the book on Amazon says: "Not since C.S. Lewis's *Mere Christianity* has such a wise and informed leader taken the time to explain what Christianity is and how it is practiced. In *Simply Christian*, renowned biblical scholar and Anglican bishop N.T. Wright makes a case for Christianity from the ground up. Walking the reader through the Christian faith step-by-step and question by question, Wright's *Simply Christian* offers explanations for even the toughest doubtfilled skeptics, leaving believers with a reason for renewed faith." The book study will be on Wednesdays beginning March 8 at 11 am and also in the evening at 6:30. A soup dinner will precede the Wednesday evening session.

Leslyn Shortes, Sheryl Trainor (from Faith Church) and I will be leading a group called "Getting our brave on with messy art." We will be using the book *The Gifts of Imperfection* by Brené Brown as our guide. The Amazon review says: Brené Brown, a leading expert on shame, authenticity, and belonging, shares ten guideposts on the power of Wholehearted living—a way of engaging with the world from a place of worthiness. Each day we face a barrage of images and messages from society and the media telling us who, what, and how we should be. We are led to believe that if we could

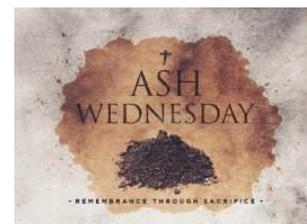
only look perfect and lead perfect lives, we'd no longer feel inadequate. So most of us perform, please, and perfect, all the while thinking, "What if I can't keep all of these balls in the air? Why isn't everyone else working harder and living up to my expectations? What will people think if I fail or give up? When can I stop proving myself?"

In her ten guideposts, Brown engages our minds, hearts, and spirits as she explores how we can cultivate the courage, compassion, and connection to wake up in the morning and think, "No matter what gets done and how much is left undone, I am enough," and to go to bed at night thinking, "Yes, I am sometimes afraid, but I am also brave. And, yes, I am imperfect and vulnerable, but that doesn't change the truth that I am worthy of love and belonging."

I hope you will be able to join in one of these Lenten opportunities.

Blessings,

*Rev Deb*



## SUNDAY FORUMS

### March 5 and March 12: Life Planning Guide

We are often so busy taking care of our day to day activities that we put off important planning. Our planning ahead will make life easier for our loved ones if we become suddenly ill, die in an accident or have a long term illness.

Our family members or friends will need to have certain information in the event of sudden illness, death or long illness. It is invaluable for them to have essential information available to them. Families and friends often have to spend their time looking for papers and tracking down information.

The Life Planning guide is useful for elders, but also for people of any age. The guide contains essential documents that will help organize information in one place. This Life Planning Guide provides a place to write and keep essential documents in an attractive binder that will become part of a legacy for generations to come.

### March 19th: Ministry Faire

#### PASSPORT THROUGH MINISTRY

Sunday, March 19<sup>th</sup> a Ministry Faire is coming to Church of Our Saviour after each service. What are you called to do? Our parish community needs many hands to support our worship and provide friendly outreach to our fellow parishioners. We also need you in our work to reach out to those beyond our parish in the greater community. This Ministry Faire is planned to help you discern where your gifts and passions might lead you to share in these efforts.

You will receive a passport and will be able to have it stamped at each station along the journey. Completed passports will be entered into a drawing for an award after each service. So come, have some fun, and learn about the many opportunities to serve at Our Saviour. This event is being organized by the Pastoral Partners ministry.

### March 26: Intro to CS Lewis

Leta Parks & Tom Weikert are going to kick off a series that we are offering on C.S. Lewis.

## SUNDAY SCHOOL

### We still need more teachers for our classes!!

Please prayerfully consider joining our great group of dedicated teachers. We need people from all walks of life: men and women; young and young at heart; attendees from both services; people good with young children and is interested in helping guide our children on their spiritual path



## Veteran's Update

### American Legion Post 119 Service Officer Report

### A day in the life of a Post Service officer

#### Morning:

Referral from Legion member who works in Marshall ER security. Husband is a Veteran. PTSD. TBI. Thoughts of self harm. Self medicating with alcohol. Arrested on domestic abuse.

#### The usual:

Referred to Vet Center in Citrus Heights. Discussed arraignment process. Veterans Court. Mather Behavioral Health. Mather Veteran Justice Outreach Specialist.

#### Noon:

Phone going nuts. DAV ally who helped with above got into car with me to go to Pollock Pines.

#### Forget lunch:

Three day notice. No income. Marine. Honorable discharge. Eligible for state Veterans Homes. In VA healthcare. Girlfriend just left him.

Go to county Dept. of Veteran Affairs, and establish date of application for monthly benefits. Buy bus pass and groceries. Arrange to take him to homeless primary care at Mather next day. Going there anyway for collaborative meeting a Volunteers of America.

Talked to Mobile home park manager. Stopped 30 day notice from being prepared. Rent check is in the mail.

In my spare time (think walking to the car), temporarily housed four different homeless Veteran families for the night in various motels, working with an Only Kindness volunteer.

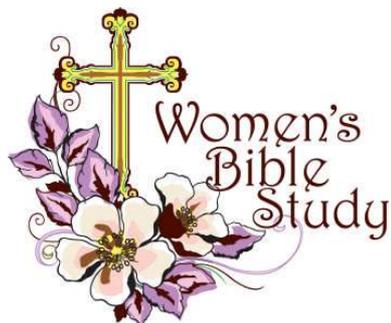
Asked VFW Post 10165 service officer to take ownership of fifth homeless family.

Agreed to do a quick phone call to Veteran with four kids and a pregnant wife so that I could sign homelessness certification while down at VOA.

Played phone tag with a gal referred by Pioneer Bible Church whose mom is the widow of a Veteran, and is married to a Veteran.

Probably forgot some stuff.

David Zelinsky  
Service Officer  
American Legion Post 119  
530-919-8488



## Women's Bible Study

Women's Bible Study meets on Wednesdays from 11:00 a.m. to 12:00 noon in St John's Room in Peirce Hall. We welcome new members! Email LeAnn at [lbett@live.com](mailto:lbett@live.com) or call 530-644-4789 if you have questions. Thanks, LeAnn

## What's Happening at Church of Our Saviour

**Tuesday, February 28, 2017** Join us as we celebrate a service called Celebration of New Ministry as the bishop comes to Our Saviour to install the Rev. Debra Sabino as our rector. The service starts at 6:00 p.m. It is also Shrove Tuesday. We will have our traditional pancake supper after the service.

**Wednesday, March 1, 2017** No Bible Study. There will be two services for Ash Wednesday, Noon and 6:00 p.m.

**Thursday, March 2, 2017** 10:00 a.m. Daughters of the King

**Saturday, March 4, 2017** 10:00 a.m. Pastoral Partners Meet

**Female caregiver** needed for neighbor of Debbie Grote. The job includes free room and board and a small salary. Please call 530-622-1015 for more information.

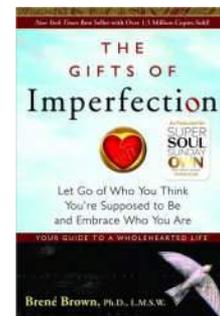
## Diocesan Convention

Information about the Diocesan Convention, **November 3-4, 2017**, is now online at <http://www.norcalepiscopal.org/convention> and will be updated soon to include printed copies of the Agenda and maps of the facility.

**Getting our Brave on with Messy Art**  
 9 - 11:30 am on Thursdays March 9, 16, 23 & 30  
 Lenten Series: The Gifts of Imperfection  
 Women's Retreat April 1 @ Faith Cameron Park 9-3  
 Church of Our Saviour 2979 Coloma St Placerville CA  
 Based on the book The Gifts of Imperfection: Your Guide to a Wholehearted Life by Brene Brown  
 For more info e-mail [leslynshortes@gmail.com](mailto:leslynshortes@gmail.com)

## Lenten Series: The Gifts of Imperfection

This will be a four part series followed by a 1/2 day retreat. It is based on the book "The Gifts of Imperfection: Living a Wholehearted Life" by Brene Brown. Meets on four Thursdays beginning **March 9<sup>th</sup> at 10:00 a.m.**





## FOLLOW THE PATH OF JESUS

Our journey through Lent helps us to understand Jesus suffering and pain leading up to the miracle of his Resurrection. One way to experience this journey is to walk a path that follows Jesus from his condemnation to his death on the cross to the empty tomb. There are 14 stops along this journey, “stations”. Tom and Lee Weikert have 14 plaques depicting the events along the way similar to the painted Stations of the Cross in our church. We stop for a reading and prayer at each tree where a plaque is hung. Our path is a moderate climb, eased by a zigzag pattern, up the hill behind our home. Sturdy shoes are a must. There are a couple of benches for resting along the way. This event is for all ages. We have special books for children participating. Please join us and bring a friend on Saturday, April 1, 2017 at 10:00 AM to travel this path. We will have refreshments following our walk. If you have any questions, please ask Tom or Lee at church or call at 644-0382. The address is 4110 Sierra Springs Drive, Pollock Pines. Detailed directions are available in the Parish Hall.



## Pastoral Partners Schedule

March 4, 2017	Regular Meeting @ 10:00 a.m.
April 1, 2017	Stations of the Cross @ 11:00 a.m. at the Weikerts
May 6, 2017	Regular Meeting @ 10:00 a.m.
June 3, 2017	Regular Meeting @ 10:00 a.m.
July 2017	No Meeting
August 5, 2017	Regular Meeting @ 10:00 a.m.
September 2, 2017	Regular Meeting @ 10:00 a.m.
October 7, 2017	Regular Meeting @ 10:00 a.m.
November 4, 2017	Regular Meeting @ 10:00 a.m.



### Birthdays

Marcia Goodrich	March 11
Michaël Powell	March 16
Chris Piazza	March 22
Sheila Wagner	March 23
Emma Piazza	March 25
Boyd Roberts	March 31

### Anniversaries



Jim & Mona Baker	March 24, 1979
Rich & LeAnn Bettencourt	March 24, 1970
Sandy Bert	March 25, 1978

## 5 Lessons About the Way We Treat People

### 1. First Important Lesson – Cleaning Lady

During my second month of college, our professor gave us a pop quiz. I was a conscientious student and had breezed through the questions until I read the last one:

“What is the first name of the woman who cleans the school?”

Surely this was some kind of joke. I had seen the cleaning woman several times. She was tall, dark-haired and in her 50’s, but how would I know her name?

I handed in my paper, leaving the last question blank. Just before class ended, one student asked if the last question would count toward our quiz grade.

“Absolutely,” said the professor..”In your careers, you will meet many people. All are significant.. They deserve your attention and care, even if all you do is smile and say “hello.”

I have never forgotten that lesson.. I also learned her name was Dorothy.



### 2 Second Important Lesson – Pickup in the Rain

One night, at 11:30 p.m., an older African American woman was standing on the side of an Alabama highway trying to endure a lashing rainstorm. Her car had broken down and she desperately needed a ride. Soaking wet, she decided to flag down the next car. A young white man stopped to help her; generally unheard of in those conflict-filled 1960’s the man took her to safety, helped her get assistance and put her into a taxicab.



She seemed to be in a big hurry, but wrote down his address and thanked him. Seven days went by and a knock came on the man’s door. To his surprise, a giant console color TV was delivered to his home. A special note was attached.

It read:

“Thank you so much for assisting me on the highway the other night. The rain drenched not only my clothes, but also my spirits. Then you came along. Because of you, I was able to make it to my dying husband’s bedside just before he passed away....God bless you for helping me and unselfishly serving others.”

Sincerely,

Mrs. Nat King Cole

### 3 Third Important Lesson – Always Remember Those Who Serve.

In the days when an ice cream sundae cost much less, a 10-year-old boy entered a hotel coffee shop and sat at a table. A waitress put a glass of water in front of him.

“How much is an ice cream sundae?” he asked  
“Fifty cents,” replied the waitress.

The little boy pulled his hand out of his pocket and studied the coins in it.



“Well, how much is a plain dish of ice cream?” he inquired.

By now, more people were waiting for a table and the waitress was growing impatient..

“Thirty-five cents,” she brusquely replied.

The little boy again counted his coins.

“I’ll have the plain ice cream,” he said.

The waitress brought the ice cream, put the bill on the table and walked away. The boy finished the ice cream, paid the cashier and left.. When the waitress came back, she began to cry as she wiped down the table. There, placed neatly beside the empty dish, were two nickels and five pennies. You see, he couldn’t have the sundae, because he had to have enough left to leave her a tip.

#### 4 – Fourth Important Lesson – The obstacle in our Path



In ancient times, a king had a boulder placed on a roadway. Then he hid himself and watched to see if anyone would remove the huge rock. Some of the king’s wealthiest merchants and courtiers came by and simply walked around it. Many loudly blamed the king for not keeping the roads clear, but none did anything about getting the stone out of the way.

Then a peasant came along carrying a load of vegetables. Upon approaching the boulder, the peasant laid down his burden and tried to move the stone to the side of the road. After much pushing and straining, he finally succeeded. After the peasant picked up his load of vegetables, he noticed a purse lying in the road where the boulder had been. The purse contained many gold coins and a note from the king indicating that the gold was for the person who removed the boulder from the roadway. The peasant learned what many of us never understand! Every obstacle presents an opportunity to improve our condition.

#### 5 – Fifth Important Lesson – Giving When it Counts

Many years ago, when I worked as a volunteer at a hospital, I got to know a little girl named Liz who was suffering from a rare and serious disease. Her only chance of recovery appeared to be a blood transfusion from her 5-year-old brother, He had miraculously survived the same disease and had developed the antibodies needed to combat the illness. The doctor explained the situation to her little brother, and asked the little boy if he would be willing to give his blood to his sister.

I saw him hesitate for only a moment before taking a deep breath and saying, “Yes, I’ll do it if it will save her.” As the transfusion progressed, he lay in bed next to his sister and smiled, as we all did, seeing the color returning to her cheek. Then his face grew pale and his smile faded. He looked up at the doctor and asked with a trembling voice, “Will I start to die right away?”



Being young, the little boy had misunderstood the doctor; he thought he was going to have to give his sister all of his blood in order to save her.

**Most importantly...**“Live with no regrets, treat people the way you want to be treated, work like you don’t need the money, love like you’ve never been hurt, and dance like you do when nobody’s watching.”

## Ministry Schedule 8:00 a.m.

Date	EM	Reader	Usher
5	T. Weikert	L. Weikert	P. Wooldridge/ B. Wirth
12	S. Bert/C. Griffin	L. Perpall	N. Lawson/J. Scheoner
19	S. Bert/C. Griffin	T. Wilson	P. Wooldridge/ B. Wirth
26	D. Zelinsky	J. McDonald	L. George/J. George

## Ministry Schedule 10:30 a.m.

Date	EM	Reader	Usher
5	J. Baker/M. Baker	B. Roberts	K. Lightfoot /S. Bert
12	L. Parks /Y. Giordano	C. McLaughlin	B. Roberts/R. Douglas
19	J. Baker/M. Baker	T. Fritschi	D. Lightfoot/E. Cannon
26	M. Muetz /Y. Giordano	L. Parks	E. Cannon/ M. Miller

## Church Office Hours: Tuesday & Thursday 8:30-11:30

Contact list			
Priest-in-Charge	The Rev Debra Sabino	<a href="mailto:revdebra.oursaviour@gmail.com">revdebra.oursaviour@gmail.com</a>	530-848-7765
Associate Clergy	The Rev Christine Leigh-Taylor	<a href="mailto:leighta@mcn.org">leighta@mcn.org</a>	
Deacon	The Rev Stephen Shortes	<a href="mailto:stephenshortes@gmail.com">stephenshortes@gmail.com</a>	
Admin Assistant	Trish Sweeney	<a href="mailto:oursaviour.placerville@gmail.com">oursaviour.placerville@gmail.com</a>	530-622-2441
Bookkeeper	Trish Sweeney	<a href="mailto:trish.oursaviour@gmail.com">trish.oursaviour@gmail.com</a>	530-622-2441
Sexton	Charles Griffin	<a href="mailto:DG.posi30@gmail.com">DG.posi30@gmail.com</a>	530-677-9736
Senior Warden	ReeAnn Wyly	<a href="mailto:ree.wyly@gmail.com">ree.wyly@gmail.com</a>	
Junior Warden	Randall Douglass	<a href="mailto:randall.douglas@att.net">randall.douglas@att.net</a>	
Altar Guild	Marcia Goodrich	<a href="mailto:a_Goodrich@sbcglobal.net">a_Goodrich@sbcglobal.net</a>	
Treasurer	Perry McLain	<a href="mailto:pmclain@pacbell.net">pmclain@pacbell.net</a>	